

Abstract

A method for alerting and monitoring a quiescent person may include recording a personal alert message and, in response to receiving an alarm, playing the personal alert message, detecting the removal of a safety device from a cradle and, in response, sending a message to a remote monitoring system. A system for alerting and monitoring a quiescent person may include a cradle to transmit a safety device absent signal, a communications interface to send a safety device absent message to a remote monitoring system, an audio input to record a personal alert message, playback the personal alert message, and transmit an alert signal in response to the detection of an audible alarm, an audio output, coupled to the audio input, to play the personal alert message through a speaker, and a processor, coupled to the cradle, the communications interface, the audio input, the audio output, and a power supply. The processor may be adaptively configured to transmit the play signal in response to the alert signal, and transmit the safety device absent signal to the communications interface in response to the alert signal from the audio input and the safety device absent signal from the cradle.